

The Newcastle



Study

Weight, Body Composition and Bloods

The Institute for Ageing and Health



DATE OF BIRTH

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 11-16
D D M M Y Y

SEX **MALE** **1**
FEMALE **2** 17

RESEARCH NURSE ID

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 18-19

DATE OF VISIT

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 20-25
D D M M Y Y

TIME OF VISIT

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 26-29
H H M M

1. FASTING STATUS

- Fully fasting..... **1** *SKIP 2*
- Mild lapse: tea/coffee (black) only..... **2**
- Mild lapse: tea/coffee (white) only..... **3**
- Mild lapse: other - fresh juice..... **4**
- Mild lapse: other - cordial juice..... **5**
- Mild lapse: other - milk..... **6**
- Non-fasting..... **7** *SKIP 3*
- Item not completed*..... **9** 30

2. REASON FOR LAPSE / NON-FASTING

- Participant forgot..... **1**
- Proxy forgot..... **2**
- Reduced cognition / understanding..... **3**
- Participant refused..... **4**
- Relative / carer refused..... **5**
- Not applicable*..... **8**
- Item not completed*..... **9** 31

3. DURATION OF FAST *Min 0800 Max 1400 Omitted 9999*

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 32-35
H H M M

4. KNOWN DIABETES?

- Yes..... **1**
- No..... **2**
- Item not completed*..... **9** 36

5. HEIGHT (ENTER FROM INTERVIEW 1)

Format nnn.n not completed during interview 1 999.9

. cm 37–40

6. WAS THE WEIGHT MEASURED?

- Yes.....1 *Skip 8,9*
- No 2 *Skip 7*
- Item not completed.....9* 41

7. WEIGHT

Min 30.0 Max 100.0 Format nnn.n Omitted 999.9

. kg 42–45

8. IF weight not measured, why not?

- Interviewer omitted - participant unable to stand..... 01 *SKIP 9*
- Interviewer omitted - concern re participant’s safety..... 02 *SKIP 9*
- Interviewer omitted - participant frailty/fatigue 03 *SKIP 9*
- Interviewer omitted - participant distress 04 *SKIP 9*
- Interviewer omitted - participant busy 05 *SKIP 9*
- Interviewer omitted - concern re interviewer safety06 *SKIP 9*
- Interviewer omitted - participant unable to comprehend.....07 *SKIP 9*
- Interviewer omitted – interviewer error.....08 *SKIP 9*
- Unable to record – no height obtained in visit one.....09 *SKIP 9*
- Technical problem10 *SKIP 9*
- Refused - Participant refused..... 11
- Refused - Relative/carer refused.....12
- Not applicable.....98*
- Item not completed99* 46–47

9. If refused, why?

- No reason.....1
- Too distressing2
- Inconvenient...3
- Not applicable..... 8*
- Item not completed.....9* 48

10. WERE THE BODY COMPOSITION MEASUREMENTS COMPLETED?

- Yes.....1 *SKIP 16, 17*
- No 2 *SKIP 11 to 15*
- Item not completed9

49

11. BIOIMPEDANCE

Min 200 Max 1000 Omitted 9999

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50-53

12. FAT %

Min 5.0 Max 50.0 Format nn.n Omitted 99.9

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54-56

13. FAT MASS

Min 2.0 Max 100.0 Format nnn.n Omitted 999.9

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Kg

57-60

14. FFM

Min 5.0 Max 100.0 Format nnn.n Omitted 999.9

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Kg

61-64

15. TBW

Min 10.0 Max 100.0 Format nnn.n Omitted 999.9

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Kg

65-68

16. If body composition measurements not completed, why not?

- Interviewer omitted - participant unable to stand.....01 *SKIP 17*
- Interviewer omitted - concern re participant's safety.....02 *SKIP 17*
- Interviewer omitted - participant frailty/fatigue..... 03 *SKIP 17*
- Interviewer omitted - participant distress.....04 *SKIP 17*
- Interviewer omitted - participant busy..... 05 *SKIP 17*
- Interviewer omitted - concern re interviewer safety.....06 *SKIP 17*
- Interviewer omitted - participant unable to comprehend..... 07 *SKIP 17*
- Interviewer omitted – interviewer error.....08 *SKIP 17*
- Unable to record - skin condition..... 09 *SKIP 17*
- Unable to record – no height obtained in visit one.....10 *SKIP 17*
- Technical problem..... 11 *SKIP 17*
- Refused - Participant refused.....12
- Refused - Relative/carer refused.....13
- Not applicable..... 98*
- Item not completed..... 99*

69-70

17. If refused, why

- No reason.....1
- Too distressing.....2
- Inconvenient...3
- Not applicable..... 8*
- Item not completed..... 9*

71

18. WERE BLOOD SAMPLES TAKEN?

Yes1 *SKIP 19, 20*
No.....2
Item not completed.....9

72

19. If blood samples not taken, why not?

Poor veins - unable to obtain any samples.....01 *SKIP 20*
Interviewer omitted - participant frailty/fatigue02 *SKIP 20*
Interviewer omitted - participant distress03 *SKIP 20*
Interviewer omitted - participant busy.....04 *SKIP 20*
Interviewer omitted - concern re interviewer safety05 *SKIP 20*
Interviewer omitted - bloods obtained on another visit..... 06 *SKIP 20*
Interviewer omitted – interviewer error..... 07 *SKIP 20*
Refused - Participant refused.....08
Refused - Relative/carer refused.....09
Not applicable..... 98
Item not completed.....99

73-74

20. If refused, why

No reason.....1
Too many other blood tests.....2
Proxy concern.3
Too busy.....4
Previous experience - distress.....5
Previous experience - painful.....6
Not applicable..... 8
Item not completed.....9

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